

CURRICULUM VITAE

Date prepared: July, 2011

Name: **Stacey Jane Bell**

Contact information: Cell: 617 999-6150; email: staceyjbell@yahoo.com

Place of Birth: Buffalo, NY

Education:

1974 B.S. Simmons College

1984 M.S. Massachusetts General Hospital School of Allied Health Professions,
Nutrition

1994 D.Sc. Boston University, Nutrition (with Honors)

1998, 2004, 2009 No degree, Agribusiness Seminar, Harvard Business School, Boston,
Mass.

Licensure and Certification:

1975 Registered dietitian: #R399474

Board of Directors:

2003-2007 Wild Oats, Inc., Boulder, Colorado (NYSE, OATS); sold to Whole Foods
Markets

2006- Kids Can Cook, Boston, Massachusetts

2007- American Botanical Council, Austin, Texas

2009- Scientific advisory group to Milk Specialties Global, Carpentersville, IL

2009- Scientific board member to the California Raisin Marketing Board, Fresno, CA

2011- Scientific board member of SetPoint Health, Newton, Massachusetts

Academic Appointments:

1995-1998 Instructor in Surgery, Harvard Medical School, Boston, Massachusetts

1993-1995 Adjunct Professor, Massachusetts General Hospital School of Allied Health
Professions, Boston, Massachusetts

1996-1998 Adjunct Professor in Biology, Bentley College, Waltham, Massachusetts

Hospital/Industry Appointments:

1975-1976 Director of Dietary Services, Shriners Burns Institute, Boston

1979-1984 Director of Dietary Services, Shriners Burns Institute, Boston

1984-1993 Nutrition Support Dietitian, Deaconess Hospital, Boston, Mass.

1993-1998 Research Dietitian, Beth Israel Deaconess Medical Center, Boston, Mass.
 1998 Vice President, Research and Development, Medical Foods, Inc., Cambridge, Mass.
 1998-1999 Managing Director, Functional Foods, LLC, Lowell, Mass.
 1999- 2002 Co-Founder, Functional Foods, Inc., Chief Scientist, Belmont, Mass.
 2002- Co-founder, Chief Scientist, AFFINTA, Belmont, Massachusetts
 2002-04 Vice President Medical Research and Education, Sears Labs, Marblehead, Massachusetts
 2003-04 Vital Basics, Nutritional Research and Product Development
 2004- 08 Twinlab/Ideasphere Inc., Research and Development Nutritional Sciences
 2008- Nutritional Consultant

Other Professional Positions and Major Visiting Appointments:

1976-1977 Nutrition course, Cambridge University, England
 1977-1978 Dietitian for Elderly Feeding Program, City of Cambridge, Cambridge, MA
 1978-1979 Dietitian, daka Food Service Company, Wakefield, MA
 1997-1998 Consultant to Lawrence Community Health Services: HIV Clinic
 1998-1998 Consultant to WellBridge Health Clubs

Teaching Experiences:

1997 Harvard Medical School Basic Physiology Course: Exercise and Diet
 1997-1998 Harvard Medical School New Pathways: AIDS Module
 1997- 1998 Bentley College, Basic Nutrition Course, Waltham, MA

Awards and Honors:

1992 Kraft General Foods Fellowship
 1993 Co-chair Oley Foundation
 1994 Dietitians in Nutrition Support Research Award
 1995 Dietitians' Award for Research of the American Society of Parental and Enteral Nutrition
 1995 Fellow, American College of Nutrition
 1996 Dietitian's Honorary Achievement Award, American Society of Parenteral and Enteral Nutrition
 1997 Winner of the National Health Information award for Positive Nutrition for HIV Infection and AIDS, written by Drs. Bell and Forse
 1998 Invited by NIH Dietary Supplements/AIDS and Nutrition panel to speak about nutritional support issues

Memberships, Offices, and Committee Assignments in Professional Societies: National and Regional

1987-1988, 1989-1991, 1993-1994 Publications Committee,
American Society of Parenteral and Enteral Nutrition
1987-1991, 1993-1994 Member of Dietitians' Committee, American Society of
Parenteral and Enteral Nutrition
1988-1989 American Dietetic Association, Role Delineation Study
1988-1989 Program Co-chair of American Society of Parenteral and Enteral
Nutrition
1995 Technical Advisory Group-Enteral Division, American Society of
Parenteral and Enteral Nutrition
1996 New Technologies Committee, American Society of Parenteral and
Enteral Nutrition
1994-1996 Abstract Review Committee, American Society of Parenteral and
Enteral Nutrition
1998 Women in Medicine Committee and Steering Committee, Harvard
Medical School
1998 Board of Directors and Research and Data Committee, American Society of
Parenteral and Enteral Nutrition
1998-99 Research and Data Committee, American Society of Parenteral and Enteral
Nutrition

Editorial Boards:

1987-1992 Topics in Clinical Nutrition
1994-2002 Nutrition International
1990-1993 Clinics in Applied Nutrition
1990-1994; 1995-97 Nutrition in Clinical Practice
1994-1996 Journal of Parenteral and Enteral Nutrition, Current Summaries Section
1995- 2002 Journal of the American Dietetic Association
2011- International Journal of Nutrition and Metabolism
(www.academicjournals.org/IJNAM)

Major Research Interests:

Enteral nutritional support of the critically ill
Nutritional support of the patient with AIDS
Dietary lipids and their effect on immune function
Body composition measurements and other forms of nutritional assessment
Medical Foods/functional foods/nutraceuticals for patients with chronic disease (e.g.,
diabetes, cardiovascular disease)

Research Funding Information:

1986 Norwich Eaton Pharmaceuticals, Inc. Co PI
Measurement of the first pass effect of leucine in enterally fed critically ill
patients.

1987	Clintec Nutrition	Co PI
Prediction of length of stay of selected gastrointestinal surgical patients.		
1988	O'Brien Pharmaceutical Company	Co PI
Comparison of Reabalin HN and Vital HN in critically ill patients.		
1988	Clintec Nutrition	Co PI
Comparison of Peptamen and Vivonex TEN in critically ill patients.		
1988	Sandoz Nutrition	Co PI
General nutrition grant: unrestricted funds		
1990	Mead Johnson	Co PI
Comparative effects of Criticare HN vs. Vivonex TEN in the immediate postoperative jejunal feeding of malnourished surgical patients.		
1990	Cambridge Center for Nutrition Education	Co PI
Use of food grade yeast fiber, Fibercel, in hospitalized patients receiving tube feeding diets and out-patient, obese hypercholesterolemic patients: a safety and tolerance study.		
1991-1995	Ivonyx Home Care Company	Co PI
Efficacy of home TPN in cancer and AIDS patients.		
1995-1998	Medical Foods, Inc.	Co PI
Nutritional support of patients with chronic disease.		
1996-98	Bristol Myers Squibb.	Co-PI with Christine Wanke, MD.
Use of an appetite stimulant in patients with pathogen negative diarrhea.		
1996-98	Serono.	Co-PI with Christine Wanke, MD.
Use of growth hormone in patients with AIDS.		

Patents/Information Disclosures:

1. New tube feeding diet for critically ill patients: #5,821,217, filed 1996, February. Issued October 13, 1998.
2. Novel food bar for patients with diabetes: #5,866,555, filed 1996, May. Issued February 2, 1999.
3. Food bar for patients with ADD/ADHD, #5,902,797, filed 1997, December; Issued, May 11, 1999
4. Food bar for patients with Alzheimer's disease, filed 1998, January
5. Food bar for patients about to undergo surgery, filed 1998, January
6. Product for patients who are undergoing stress, filed 1998, May
7. Product for postmenopausal women, filed 1998, May
8. Product for men over fifty years, Information disclosure, May 1998

9. Product for cardiovascular health, filed December 1998
10. Food bar for the AIDS wasting, Information Disclosure, November 1998
11. Food using modified dairy fat for the nutritional management of asthma, depression, and arthritis, Information Disclosure, December 1998
12. Product for patients with type 2 diabetes, Information Disclosure May, 1998
13. Food for weight management, Information Disclosure, December 1998
14. Palm oil without saturated fats and with essential micronutrients, Information Disclosure, April 1999
15. Nutritional supplement for patients with type 2 diabetes mellitus and lipodystrophy; Issued April 2002
16. Nutritional supplement for the management of weight in children and adults; filed, June, 2002
17. Nutritional management of stress and conditions that benefit from increasing serotonin; Issued November, 2003
18. Omega-3 fatty acids from different sources, provisional patent, Publication No.: US-2009-0099261-A1, Publication Date: 04/16/2009

Regional, National, and International Contributions
(Selected invited presentations from over 150)

SELF REPORT OF TEACHING

Local Contributions

1996 Nutrition. Professor. Twenty business students.
4 hours per week from September to December.

Regional, National, and International Contributions

Invited Presentations

- 1981 American Society of Parenteral and Enteral Nutrition, on use of the dietetic technician in the hospital
- 1992 Dietitians in Critical Care, annual meeting, on nutritional support of the burned patient
- 1984 St. Ansylum's College of Nursing, on nutritional support of the critically ill
- 1985 American Society of Parenteral and Enteral Nutrition, on energy requirements of the critically ill
- 1985 Harvard Medical School, on modular feeding for patients
- 1985 Massachusetts College of Pharmacy, on nutritional assessment of the elderly
- 1986 American Society of Parenteral and Enteral Nutrition, on nutritional support of the adult burned patient
- 1986 Parkland Hospital, Dallas, TX, on carbohydrate requirements of critically ill patients
- 1986 Harvard Medical School, on use of computers in nutritional assessment

- 1987 American Society of Parenteral and Enteral Nutrition, on gastrointestinal disorders in diabetic patients
- 1987 Sister's Hospital, Buffalo, NY, on energy and protein needs of the critically ill patient
- 1987 Harvard Medical School, on modular enteral diets
- 1988 American Society of Parenteral and Enteral Nutrition, on use of computers in nutritional support
- 1988 Massachusetts College Pharmacy, on multivitamin requirements of healthy individuals
- 1988 Harvard Medical School, on nutritional support of the burned patient
- 1989 American Society of Parenteral and Enteral Nutrition, on macronutrient requirements of the critically ill
- 1989 Grand Forks Clinic, ND, on enteral tube feeding diets
- 1989 Los Angeles VA Hospital, on nutritional assessment
- 1990 Medical College of Puerto Rico, on nutritional support of the critically ill
- 1990 Community Medical Center, Toms River, NJ, on nutritional and immunity
- 1990 Harvard Medical School, on complications of enteral feeding
- 1991 American Society of Parenteral and Enteral Nutrition, on nutritional support of the elderly
- 1991 The American Dietetic Association, on nutritional support of the geriatric patient
- 1991 Johnson Memorial Hospital, Stafford Springs, CT, on specialized nutritional support
- 1992 American Society of Parenteral and Enteral Nutrition, on getting started in clinical research
- 1992 Medical College of Virginia, on new lipid sources of the 1990s
- 1992 Delaware Medical Association, on new techniques in enteral feeding
- 1993 American Society of Parenteral and Enteral Nutrition, Post Graduate Course on demystifying research
- 1993 Harvard Medical School and Tufts University, on the nutritional support of the patient with AIDS
- 1993 Virginia Dietetics Association, on use of lipids for hospitalized patients
- 1994 American Society of Parenteral and Enteral Nutrition, luncheon panel "AIDS and Nutrition"
- 1994 Cancer Treatment Centers of American, on use of TPN in cancer patients
- 1994 Catholic Hospital, Santiago, Chile, on nutritional support of the patient with AIDS
- 1995 Critical Care Medicine 33rd Annual Symposium, Las Vegas, University of Southern California, on new dietary lipids
- 1995 Rome Dietetics Association, Rome, Italy, on nutritional assessment using bioelectrical impedance
- 1995 American College of Nutrition, on nutrition and AIDS
- 1995 Brazilian Parenteral and Enteral Nutrition Meeting
- 1996 Methodist Hospital, Hartford, CT, Surgical Grand Rounds, on nutritional support
- 1996 Harvard Medical School, AIDS Conference, Nutrition and HIV infection
- 1996 New York Critical Care Symposium: St. Vincent's Hospital, nutritional assessment and nutritional support
- 1996 Amaryliss Foundation, Marshfield, MA, nutrition and AIDS

- 1996 Harvard Medical School, Nutrition support for dietitians
- 1996 5th Annual Florida HIV Conference, Orlando, FL, Nutrition and AIDS
- 1996 Mount Vernon Neighborhood Health Center; Nutrition and AIDS, Mount Vernon, NY
- 1996 Harvard Medical School, Malnutrition and the Hospitalized patient, enteral nutrition, AIDS and nutrition, and dietitian round table, Boston, MA
- 1996 Maryland ASPEN meeting; keynote address: nutritional support of the critically ill
- 1997 Annual meeting of ASPEN, San Francisco; nutritional support in AIDS and cancer, and enteral nutrition for patients with AIDS
- 1997 Parenteral and Enteral Society of Chile, annual meeting; nutritional assessment and support in the critically ill patient
- 1997 Dietitians of Argentina, annual meeting; nutrition and AIDS
- 1997 Harvard Medical School, teaching of medical students; nutrition and AIDS
- 1997 Columbian Association of Clinical Nutrition, Medellin. Speaker on dietary lipids, nutritional assessment, and enteral and parenteral feeding.
- 1997 Co-chair of Nutraceutical Conference, Anaheim, CA. Speaker on how to conduct research.
- 1997 Sloan Kettering Hospital. Invited speaker on structured lipids, New York.
- 1997 International Association of Culinary Professionals, Annual Meeting, Chicago.
- 1997 Philly Fight, an AIDS activist organization, Philadelphia, Penn.
- 1997 Joslin Diabetes Affiliates, Nutrition and Diabetes, Denver, Colo.
- 1997 Greater Portland AIDS Meeting, Nutrition and AIDS Update, Portland, Maine.
- 1997 Greater San Diego Nutrition Support meeting: Combined enteral and parenteral nutritional support
- 1997 Diabetes Update: Lewis, Delaware Diabetes Chapter. Nutritional support of patients with type 1 and type 2 diabetes
- 1997 Medical Foods: an example for patients with diabetes for the Joslin Diabetes Center Affiliates in the U.S. Denver, Colo.
- 1997 The American Dietetic Association annual meeting. How to raise money to conduct clinical research: an example, Boston, Mass.
- 1997 Harvard Medical School, Advanced course in nutritional medicine. Nutritional support of patients with AIDS.
- 1997 Serono Medical Education Group, Boston, Mass. Use of bioelectrical impedance in the clinical setting for patients with AIDS.
- 1997 Tufts University, USDA Nutrition Center, Boston, Mass. Medical Foods and diabetes.
- 1997 Brigham and Womens' Hospital, Nutrition Support Service, Boston, Mass. Medical Foods and diabetes.
- 1997 Invited guest to the Private and Public, Scientific, Academic, and Consumer Food Policy Committee (PAPSAC) at Harvard University School of Business Administration
- 1998 Lecture to training course for certification exam at American Society of Parenteral and Enteral Nutrition, Topic: Nutritional support for patients with cancer and AIDS
- 1998 Pri-Med Conference for primary care physicians, Long Beach, CA. Case study in metabolic management and medical foods.

Institute of Food Technologist annual meeting. Topic: The role of carbohydrates in diabetes management, Atlanta, June.

1998 Masonic Hospital, Chicago. Nutritional management of the patient with HIV infection.

1998 Manchester Community Health Center, Manchester, New Hampshire. Nutritional management of patients with HIV infection.

1999 Nutraceutical Conference, Anaheim, California on development of scientifically-designed functional food products

1999 Controlled Release Society, Boston, presentation on timed release carbohydrate

1999 Canadian Functional Foods Symposium, Toronto, on how to develop and market functional foods

1999 Calorie Control Council; what are functional foods? Palm Beach, Florida

2000

-Sauces and Dressings: annual meeting on what are functional foods, Baltimore, Md.

-Functional Foods and Beverages: How to market functional foods, Chicago, Ill.

-How to develop functional foods, Tuft Nutrition Dept, Boston, Mass.

2001

-A functional food for patients with diabetes, Diabetes Wellness Expo, Miami, Fl.

-Nutritional Modulation of diabetes and weight loss, Boston University Medical Center, Boston, Mass.

-How to conduct clinical trials. Salt Lake City, Utah

-New ways to lose weight. Brooklyn Hospital, Brooklyn, NY

-Simmons College, Marion Mason Lecture Series: Use of functional foods to manage weight and diabetes

-Stoneham Hospital: Use of functional foods to manage weight and diabetes, Stoneham, Mass.

-Fall River Hospital: Use of functional foods to manage weight and diabetes, Fall River, Mass.

-Norwood Hospital: Use of functional foods to manage weight and diabetes, Norwood, Mass.

2002

-American Diabetes Association: Complementary and alternative medicine, San Diego, Calif.

-American Society of Bariatric Physicians, Boston, Massachusetts

2003

-Worldnutra 2003, Use of fish oil to manage inflammation, Las Vegas, Nevada

-American College of Nutrition, Use of low-glycemic load diets to manage weight, Nashville, Tennessee

2004

-Wegmans' Supermarkets, training session on dietary supplements

-Whole Foods Supermarkets, training session on dietary supplements

-Dallas Dietary Supplement conference

-Fort Meyers, Florida training session on dietary supplements

2005

-Low Fat, Know Fat Restaurants, training session on dietary supplements

-Radio show, Palm Beach to speak on vitamins and fish oil

- Wild Oats, training session on low-glycemic load diets, for Wild Stock Conference, Las Vegas, Nevada

- Consumer lecture at Henry's store on omega-3s, San Diego, Calif.
 - Consumer health lectures at Wild Oats stores on low-glycemic load diets, Boulder, Colo.
 - Expo East, lectured on omega-3 fatty acids, Washington, D.C.
 - Mrs. Green's health store lecture on omega-3s, Scarsdale, NY
 - Annual meeting of Tree of Life employees, and lectured on omega-3 fatty acids, Newark, NJ
 - Holly Hill health food stores, and lectured on multivitamin use and low-GL diets, Philadelphia, PA
- 2006
- American Diabetes Association on low-glycemic load diets, Washington D.C.
 - International Society of Sports and Nutrition, on nutritional management of heart disease Las Vegas, Nevada
 - Institute of Food Technologists, on functional foods for diabetes management, Orlando, Florida
- 2007
- Wild Oats lecture on dietary supplements, Tampa, Florida
 - Vitamin Shoppe, annual meeting of store managers on weight loss supplements, Orlando, Florida
 - Institute of Food Technologists, annual meeting, invited speaker on dietary supplements for weight loss in metabolic syndrome, Chicago, Ill.
 - Expo East, lecturing on weight loss and sports supplements to a general audience, Baltimore, Maryland.
- 2008
- Invited speaker, American College of Nutrition, Arlington, Virginia, on health implications of a low-glycemic load diet
 - Scientific poster presentation, on A2 milk and health implications at the American Dietetic Association, Chicago, Ill.
- 2009
- Invited speaker, Anti-Aging conference, Orlando, Flor., April 23-23, How to eat to live longer
 - Invited speaker, Expo East, New Jersey, May: Protein peptides from dairy proteins.
 - Invited speaker Cambridge Center for Adult Education, May: How to eat to live longer.
 - Invited speaker Wellesley Church, May: How to eat to live longer.
 - Anti-aging meeting, invited speaker on use of dietary supplements to lose weight, San Jose, Calif.
 - Supply Side West corporate speaker on sarcopenia, Las Vegas
 - Invited speaker, Mt. Auburn Hospital Volunteers' Annual meeting, Belmont, Mass.
- 2010
- Invited speaker, Palm Oil Board, Kuala Lumpur, Malaysia, July. Topic: Dietary fats: A United States Perspective.

BIBLIOGRAPHY

Original Reports

1. Bell SJ, Molnar JA, Krasker WS, Burke JF. Dietary compliance for pediatric burned patients. *Journal of the American Dietetic Association* 1984; 84:1329-3.
2. Bell SJ, Braunstein NS, Lavoie CA, Saunders E. Allocation of feeding pumps: an ethical question. *Journal of the American Dietetic Association* 1985; 85:697-9.
3. Bell SJ, Molnar JA, Krasker WS, Burke JF. A model to predict urinary total nitrogen for burned patients. *Journal of the American Dietetic Association* 1985; 85:1100-4.
4. Blackburn GL, Bell SJ, Georgieff M. Enteral tube feeding- state of the art. *Journal Gastroenterologie (Supplement)* 1985; 23:7-5.
5. Bell SJ, Molnar JA, Krasker WS, Burke JF. Weight maintenance in pediatric burned patients. *Journal of the American Dietetic Association* 1986; 86:207-0.
6. Bell SJ, Wyatt J. Nutritional guidelines for burned patients. *Journal of the American Dietetic Association* 1986; 86:648-2.
7. Bell SJ, Molnar JA, Carey M, Burke JF. Adequacy of a modular tube feeding diet for burned patients. *Journal of the American Dietetic Association* 1986; 86:1386-1.
8. Bell SJ, Bistran BR, Wade E, Blackburn GL. Modular enteral diets: costs and nutritional value comparison. *Journal of the American Dietetic Association* 1987; 87-1526-0.
9. Murphy M, Bell SJ. Assessment of nutritional status in burned patients. *Journal of Burn Care and Rehabilitation* 1988; 9:432-3.
10. Nompleggi D, Bell SJ, Blackburn GL, Bistran BR. Overview of gastrointestinal disorders due to diabetes mellitus: emphasis on nutritional support. *Journal of Parenteral and Enteral Nutrition* 1989; 13:84-1.
11. Jensen GL, Mascioli EA, Meyer LP, Lopes SM, Bell SJ, Babayan VK, Blackburn GL, Bistran BR. Dietary modification of chyle composition in chylothorax. *Gastroenterology* 1989; 97:761-5.
12. Stuart RK, Apovian C, Bell SJ, Blackburn GL. Perioperative nutrition in cancer patients. *Nutrition (Supplement)* 1990; 6:4S-6S.
13. Haw MP, Bell SJ, Blackburn GL. The potential of parenteral and enteral nutrition in inflammation and immunodysfunction. *Journal of the American Dietetic Association* 1991; 91:701-6.

15. Bell SJ, Mascioli EA, Bistran BR, Babayan VK, Blackburn GL. Alternative lipid sources for enteral and parenteral nutrition: long- and medium-chain triglycerides, structured triglycerides, and fish oils. *Journal of the American Dietetic Association* 1991; 91:74-8.
16. Bell SJ, Bistran BR, Ainsley BM, Manji N, Lewis EJ, Joyce C, Blackburn GL. A chemical score to evaluate the protein quality of commercial parenteral and enteral formulas: emphasis on formulas for patients with liver failure. *Journal of the American Dietetic Association* 1991; 91:586-9.
17. Borlase BC, Bell SJ, Lewis EJ, Swails W, Bistran BR, Forse RA, Blackburn GL. Tolerance to enteral tube feeding diets in hypoalbuminemic critically ill, geriatric patients: a prospective, randomized trial. *Surgery Gynecology & Obstetrics* 1992; 74:181-8.
18. Trujillo EB, Borlase BC, Bell SJ, Guenther KJ, Swails W, Queen PM, Trujillo JR. Nutritional status of patients with AIDS. *Journal of the American Dietetic Association* 1992; 92:477-8.
19. Swails WS, Bistran BR, Bell SJ, Pfister D, Kelly SJ, Blackburn GL. Does fish oil increase bleeding time in critically ill patients? *Nutrition* 1993; 9:211-7.
20. Bell SJ, Mascioli EA, Forse RA, Bistran BR. Nutrition support and the human immunodeficiency virus (HIV). *Parasitology* 1993; 107:S53-S67.
21. Bell SJ, Swails WS, Dascoulias K, Forse RA. Experience with enteral feeding in a tertiary referral hospital. *Journal of the American Dietetic Association* 1994; 94:414-9.
22. Bell SJ, Goziak PA. Current concepts in clinical nutrition: role of the dietitian. *Nutrition* 1994; 10:81-2.
23. Stack JA, Bell SJ, Burke PA, Forse RA. Use of oral supplementation in patients with human immunodeficiency virus infection. *Journal of the American Dietetic Association* 1996; 96:337-341.
24. Bell SJ, Chavali S, Bistran BR, Connelly C, Utsunomiya T, Forse RA: Dietary fish oil and cytokine and eicosanoid production during human immunodeficiency virus infection. *Journal of Parenteral and Enteral Nutrition* 1996; 20:43-49.
25. Bell SJ, Bistran BR, Connolly CA, Forse RA. Body composition changes in patients with human immunodeficiency virus (HIV) infection. *Nutrition* 1997; 13:629-632.
26. Bell SJ, Forse RA, Bradley D, Bistran BR. New dietary lipids for hospitalized patients. *Journal of the American Dietetic Association*. 1997; 97:280-286.

27. Bell SJ, Kisler J, Mullooly CA, Ovalle KB, Zilvitis B, Forse RA: Glycemic control during exercise in type 1 diabetes. *Diabetes Care (Letter)*, 1998; 21:1775-1777.
28. Bell SJ, Goldman VM, Bistran BR, Arnold AH, Ostroff G, Forse RA: Effect of (β -glucan from oats and yeast on serum lipids. *Critical Reviews in Food Science and Nutrition*, 1999; 39:189-202
29. Nicolosi R, Bell SJ, Bistran BR, Greenberg I, Forse RA, Blackburn GL: Plasma lipids changes from a yeast-derived Beta-glucan fiber in hypercholesterolemic patients. *American Journal of Clinical Nutrition* 1999; 70:208-212
30. Bell SJ, Forse RA. Nutritional management of hypoglycemia. *Diabetes Educ* 1999; 25: 41-47
31. Bell SJ. Whey protein concentrates with and without immunoglobulins: A review. *J Med Foods*, 2000; 3:1-13
32. Bell SJ, Goodrick GK. A functional food product for the management of weight. *Critical Reviews in Food Science and Nutrition* 2002; 42:163-178
33. Bell SJ, Shabert J. Nutritional modulation of blood parameters in type 2 diabetes. *Diabet Edu* 2000; 27:368-375
34. Bell SJ. Managing the snack attack. *Dietitian's Edge* 2001; 34-38
35. Bell SJ, Sears BD. Low-glycemic load diets: Impact on obesity and chronic diseases. *Crit Rev Food Sci and Nutr*. 2003; 43:357-377
36. Bell SJ, Sears BD. A proposal for a new national diet: A low-glycaemic load diet with a unique macronutrient composition. *Metabolic Syndrome and Related Disorders*, 2003; 1:199-208
37. Bell SJ, Sears B, Pittenger GL, Vinik AI. Increased arachidonic acid to eicosapentaenoic acid (AA/EPA) ratio correlated with increased severity of neuropathy in patients with type 2 diabetes. Abstract, *Eicosanoids & other bioactive lipids in cancer, inflammation, and related disorders*. 8th International conference, September 7-10, 2003, Chicago, Illinois
38. Sears B, Bell SJ. The Zone Diet: An anti-inflammatory, low-glycemic-load diet. *Metabolic Syndrome and Related Disorders* 2004; 2:24-32
39. Bell SJ, Grochoski GT, Clarke A. Health implications of milk containing β -casein with the A² genetic variant. *Crit Rev Food Sci Nutr* 2006; 46:1-8
40. Bell SJ, Wolbers J, Casterton W, Grochoski GT. Use of a low glycemic load diet for

weight loss. *Nutraceuticals World* 2005;8:50-51

41. Wouters W, Bell SJ, Grochoski G. Use of a dietary supplement to manage blood pressure. *Holistic Primary Care* 2006; 7:6
42. Sullivan CL, Bell SJ, Grochoski G. Dietary supplement use and cancer risk: A literature review. *Nutraceuticals World*, May, 2006.
www.nutraceuticalsworld.com/articles/2006/05/dietary-supplement-use-cancer-risk
43. Bell SJ. Lycopene has health benefits beyond prostate cancer prevention. *Holistic Primary Care-News for Health & Healing*. Summer 2007; 8(2), in press
(www.holisticprimarycare.net)
44. Greenberg JA, Bell SJ, Van Ausdal W, et al. Omega-3 fatty acid supplementation during pregnancy. *Reviews in Obstetrics & Gynecology*. 2008; 1:162-169
45. Bell SJ, Van Ausdal W, Grochoski G. Dietary supplements that promote weight loss. *J Dietary Supplements*. 2009; 6:33-53
46. Bell SJ, Van Ausdal W, Grochoski G. Vitamin E: is it harmful? *Crit Reviews Food Sci Nutr*. 2008; 48:760-774
47. Stuart PS, Bell SJ, Molnar J. Use of tryptophan-fortified hydrolyzed collagen for nutritional support. *J Dietary Supp* 2008; 5:383-400
48. Van Ausdal W, Bell SJ, Grochoski G. The caloric contribution of protein-containing foods. *The Open Journal of Nutraceuticals* 2009; 2:9-12
49. Bell SJ. Overview of antioxidants: emphasis on raisins. *The Internet Journal of Nutrition and Wellness*. 2011; 10:41-50
50. Bell SJ. A review of dietary fiber and health: focus on raisins. *J Medicinal Foods*, In press, 2011
51. Bell SJ. Whey and beyond: Protein and other bioactives. *NutraFoods* 2011; 10:
52. Bell SJ. Nutrition and dental caries: Emphasis on raisin consumption. *RDH, National Magazine for Dental Hygiene Professionals*. 2011; 31:56-63
53. Bell SJ. Glycemic index for the management of chronic disease: Why certain food like raisins may be beneficial. *Open J Nutr*. In press, 2011

Books Written or Edited

1. Blackburn GL, Bell SJ, Mullen JL (eds). *Nutritional Medicine: a case management approach*. Philadelphia: WB Saunders Company, 1989.

2. Borlase BC, Bell SJ, Forse RA, Blackburn GL (eds). *Enteral Nutrition*. New York: Chapman and Hall, 1994.
3. Forse RA, Bell SJ, Blackburn GL, Kabbash LG (eds). *Diet, Nutrition, and Immunity*. Boca Raton: CRC Press, 1995.
4. Bell SJ, Forse RA: *Positive Nutrition for HIV-Infected Patients*, ChroniMed: Minneapolis, 1996.
5. Ireton-Jones C, Gottschlich MM, Bell SJ (eds.). *Practice-oriented Nutrition Research*. Gaithersburg, MD: Aspen Publishers, Inc., 1998.
6. Bell SJ. *ESSENTIAL FOODS: Eat Healthy, Lose Weight, and Live Longer*, self-published, 2011
7. Bell SJ (editor): Balch PA. *Prescription for Nutritional Healing*. 5th edition. Avery Press: New York, 2010
8. Bell SJ (editor): Balch PA. *Prescriptions for Herbal Healing*. Avery Press: New York, in press, 2012

Book Chapters, Reviews, and Educationally Relevant Publications

1. Molnar JA, Bell SJ, Goodenough RD, Burke JF. Enteral feeding in burns and trauma. In: Rombeau JL, Caldwell MD, eds. *Enteral Nutrition – Tube Feeding*. Philadelphia: WB Saunders Company, 1984.
2. Shanbhogue LKR, Nompleggi D, Bell SJ, Blackburn GL. Nutritional support in surgery of the liver. In: McDermott WV, Jr., ed. *Surgery of the liver*. New York: Blackwell Scientific Publications, 1988: 427-10.
3. Bell SJ, Paskulla PS, Blackburn GL. Enteral formulas: state-of-the-art and future trends. In: Skipper A, ed. *The Dietitian's Handbook of Enteral and Parenteral Nutrition*. Rockville: Aspen Publishers, Inc., 1989: 279-89.
4. Gelinias MD, Bell SJ, Akerman P, Blackburn GL. A practical guide to managing nutrition in the cancer patient. In: Bloch AS, ed. *Nutritional Management of the Cancer Patients*. Rockville: Aspen Publishers, Inc., 1990: 285-96.
5. Bell SJ, Blackburn GL. Nutrition support of the burned patient. In: Martin JAJ, ed. *Acute Management of the Burned Patient*. Philadelphia: WB Saunders, 1990: 138-58.
6. Borlase BC, Babineau TJ, Forse RA, Bell SJ, Blackburn GL. Enteral nutrition support. In: Rippe JM, Irwin RS, Alpert JS, Fink MP, eds. *Intensive Care Medicine*.

Boston: Little Brown Company, 1991: 1669-74.

7. Bell SJ, Chavali S, Forse RA. Cytokine influence on the human immunodeficiency virus (HIV): action, prevalence, and treatment. In: Kabbash L, Bell SJ, Blackburn GL, Forse RA, eds. *Nutrition and Clinical Immunity*. Boca Raton: CRC Press, 1995: 109-120.
8. Swails W, Bell SJ. Assessment of nutritional status using conventional techniques. In: Kabbash L, Bell SJ, Blackburn GL, Forse RA, eds. *Diet, Nutrition, and Immunity*. Boca Raton: CRC Press, 1995:9-20.
9. Bell SJ, Apour CA, Burke PA, Forse RA. Enteral formula update. In: Torosian M, ed. *Nutrition for the Hospitalized Patient*. New York: Marceco Dekker Inc., 1995: 293-306.
10. Trujillo E, Bell SJ: Selection of enteral formulas. In: Shikora S, Blackburn GL (eds.). *Nutrition Support Theory and Therapeutics*. Boston: International Thompson Publishing, 1997: 271-284, chapter 16
11. Swails WS, Bell SJ: Transitional feeding. In: Gottschlich MM, Matarese L. *A Dietitians Approach to Nutritional Support*. Philadelphia:WB Saunders; 1998:293-302, chapter 22
12. Bell SJ, Hestnes J, Gramlich L, Wanke C, Bistrrian BR. Nutritional support of the patient with AIDS. In: Skipper A. *The Dietitian's Handbook of Enteral and Parenteral Nutrition*. Second Edition, Aspen Publishers, Inc. Gaithersburg, MD. 1997, in press.
13. Gerrior J, Bell SJ, Wanke CA. Oral nutrition for the patient with HIV infection. In: Evans-Stoner N, Lysen LK. *The Nursing Clinics of North America: Clinical Nutrition*, December, 1997, pp 813-832
14. Bell SJ, Wanke C, Forse, RA. Alternative dietary therapies for patients with HIV infection and AIDS. In: Miller TL, Gorbach SL. *Nutritional Aspects of HIV Infection*. Arnold: London, 1999, pp179-186
15. Bell SJ. Research and future trends. In: Flancbaum L and Ireton-Jones CS. *Nutrition Support and Care: A Guide for Clinicians*. Marcel Dekker: New York, 2000
16. Gerrior J, Wanke C, Bell S. A clinical update on nutrition and HIV/AIDS. In: Fuchs D and Aruoma OI. *Pharmacology of HIV Infection and AIDS*. OICA International (UK) Limited: London, 2000, chapter 12.
17. Book series editor for *Intestinal Failure and Rehabilitation*. Matarese L (ed.). Boca Raton: CRC Press, 2004
18. Book series editor for *Handbook of Minerals as Nutritional Supplements*. DiSilvestro R (ed.). Boca Raton: CRC Press, 2004
19. Book series editor for *Phytopharmaceuticals in Cancer Chemoprevention*. Bagchi D (ed.). Boca Raton: CRC Press, 2004
20. Bell SJ, Van Ausdal W, Grochoski G. Appetite, body weight health implications of a low-glycemic load diet. In: *Nutritional Supplements for Weight Loss*. Eds. Bagchi D

- and Preuss H, Boca Raton: CRC Press, 2007; Chapter 20, pages 245-264
21. Balch P. Prescriptions for Nutritional Healing. Editor, 2010, Penguin Publishing: New York

Non-Peer Reviewed Articles, and Other Monographs

1. Bell SJ, Mangino JE, Molnar JA, Burke JF. Manual for Nutritional Support of Burned Patients, Shriners Burns Institute, Boston, MA, 1982.
2. Bell SJ, Molnar JA, Burke JF. Nutritional management of the burned patient. *Dietitians in Critical Care*. 1984; 6:1-3.
3. Grossman J, Bell SJ, Burke JF. New approaches to the nutritional support of the burned patient. *The Bulletin and Clinical Review of Burn Injuries*. 1985;2:22-4.
4. Bell SJ, Molnar JA, Burke JF. Guidelines for the nutritional support of the burned patient. *Pharmacy Practice News* 1986; 13:1-3.
5. Bell SJ, Coffey L, Blackburn GL. Use of the total parenteral nutrition in cancer patients. *Topics in Clinical Nutrition* 1986; 2:37-48.
6. Driscoll DF, Galvin M, Blackburn GL, Bell SJ. Nutrition support teams and services. *Hospital Material Management Quaterly* 1986; 7:16-24.
7. Bell SJ, Chwals W, Bistran BR. Innovative approaches to enteral nutrition. *Infusion* 1986; 10:15-19.
8. Pasulka PS, Bell SJ, Galvin M, Blackburn GL. Computer software for nutritional support services: needs analysis and product assessment. *Topics in Clinical Nutrition* 1986; 1:28-35.
9. Colucci RA, Bell SJ, Blackburn GL. Common nutritional problems of the institutionalized and free-living aged. *Comprehensive Therapy* 1987; 13:20-28.
10. Schapell D, Bell SJ, Blackburn GL. Critical review of four popular low calorie diets. *Topics in Clinical Nutrition* 1987; 2:29-36.
11. Bell SJ, Anderson FL, Bistran BR, Danner EH, Blackburn GL. Osmolality of beverages commonly provided on clear and full liquid menu. *Nutrition in Clinical Practice* 1987; 2:241-244.
12. Galvin M, Bell SJ, Blackburn GL. Utilization of nutritional support service personnel. *Nutrition in Clinical Practice* 1988; 3:74-77.
13. Friedlander E, Blackburn GL, Kelly SE, Mascioli EA, Bell SJ, Szeluga DS: Use of

- the gastric balloon for weight reduction: a review. *Consultant* 1988; 28:142-48.
14. Bell SJ, Rosofsky WG, Blackburn GL. Nutritional care in nursing homes for the nonstroke patient. *Long-term Care Currents, Ross Laboratories*. 1989;12:2.
 15. Rosofsky WG, Bell SJ, Blackburn GL. The challenge of feeding the elderly. *Nutrition in Clinical Practice* 1990; 5:6-8.
 16. Bell SJ. Classics in nutrition support literature. *Dietitians in Nutrition Support Newsletter*. 1990; 12:9-11.
 17. Bell SJ. Having the right stuff for doing research. Editorial. *Nutrition in Clinical Practice* 1991; 6:173-4.
 18. Swails WS, Bell SJ, Borlase BC, Forse RA, Blackburn GL. Do all enteral formulas contain glutamine? *Nutrition in Clinical Practice* 1992; 7:77-0.
 19. Bell SJ, Forse RA. *Nutrition and AIDS*. Wellspring, 1993.
 20. Ellis H, Bell SJ, Swails WS, Forse RA. Use of home TPN for a patient with AIDS. *AIDS Patient Care* 1994; 8:6-0.
 21. Bell SJ, Stack JA, Burke PA, Forse RA. Generic enteral formulas. (Editorial) *Nutrition* 1994; 10:26-7.
 22. Bell SJ. Effects of fish oil immune function in males with humans immunodeficiency virus infection [Dissertation]. Boston, MA: Boston University, 1995. 243 pp.
 23. Bell SJ, DelFierro C, Wade E, Stack JA, Burke PA, Forse RA. Generic enteral formulas: A new idea for the 1990's. *Nutrition in Clinical Practice*, 10:237-241, 1995.
 24. Bell SJ, Stack JA, Forse RA, Burke PA. Generic enteral formulas. *Oley Foundation Newsletter*, in press, 1995.
 25. Bell SJ, Schneider P (ed). *Selected Reviews in Nutritional Support; Nutritional Assessment*, Edition 1, 1993.
 26. Bell SJ, Schneider P (ed). *Selected Reviews in Nutritional Support; Review Articles*. Edition 2, 1995.
 27. Bell SJ, Hestnes JC, Wanke C, Forse RA. Megestrol acetate in patients with AIDS-related cachexia. *Current Summaries, Journal of Parenteral and Enteral Nutrition* 1996; 20:165-166.
 28. Swails WS, Bell SJ, Forse RA, Laviano A, Meguid MM. Gastric emptying in

humans: influence of different regimens of parenteral nutrition. *Journal of Parenteral and Enteral Nutrition* 1996; 20:240-242.

29. Bell SJ: AIDS and fish oil. *Clinical Pearls News* 1996; 6:109-118

30. Bell SJ: How to support your salary with research dollars: a true story. *Support Line*, 1997.

31. Bell SJ, Bistran BR: Structured triglycerides. IN: Christophe A. American Society of Oil Chemists, AOCS Press: Champaign: IL, in press, 1997.

32. Bell SJ, Gottschlich MM: Research contributions by members of Dietitians in Nutrition Support; *Support Line*, 1997;XIX:10-12.

33. Bell SJ. Diet, ADHD medications, appetite, growth, and kids. *Mind Matters* 1998;

34. Book review for the American Scientist of Preventive Nutrition: The comprehensive Guide for Health Professionals, edited by A. Bendich and RJ Deckelbaum. 1998; 86:286-287.

35. Percy B, Bell SJ. Sam Huttenbauer Case. Harvard Business School, 1999.

36. Bell SJ. The Twin Lab Make Over Diet. New York: Rebus, 2004

37. Bell SJ, van Ausdal W, Grochoski G. New dietary supplements for management of chronic pain. *Nutrition in Complementary Care*, 2005; 8:29-32

38. WanAusdal W, Bell SJ. Which foods are the best source of protein? *Functional Ingredients* November, 2007: pages 29-30

39. Bell SJ. Book review on: Integrating Therapeutic and Complementary Nutrition. *HerbalGram* 2008; 77:68-69

40. Bell SJ. Book review on: The Vegetarian Solution by Stewart Rose. *HerbalGram* 2008; 78:74-75

41. Bell SJ. Book review on Nutraceuticals: A Guide for Professionals by Brian Lockwood. *HerbalGram* 2009; 83:65

42. Position of the American Dietetic Association: Nutrient Supplementation. Outside reviewer. *J Am Diet Assoc* 2009; 109:2073-2085.

Media and Non-print materials

1. Video "Use of needle-catheter jejunostomy feeding tube", Norwich Eaton Pharmaceutical Company, 1986.

2. Video “The Nutrition Plus Program, a medically supervised weight loss program”, The Center for Nutritional Research, 1990.
3. Radio interview: “Here’s to your Health.” Interviewed by Deborah Ray, for Talk Radio Network. December, 1996.
4. Parade Magazine interview on nutrition and HIV infection. By Jane Ciabattari for the “Intelligence Report” November, 1996.
5. Parade Magazine interview on medical foods. By Jane Ciabattari for the “Intelligence Report” January, 1997.
6. Interviewed by Functional Foods Newsletter, Champagne-Urbana Campus of the University of Illinois, March, 1997.
7. Interviewed by SPD Radio, Toledo, OH by Art Edgerton for “Health Talk”, March, 1997.
8. Letter to Editor, New York Times, Wednesday, August 20, 1997; topic related to the best sources of dietary calcium.
9. Television interview by Alissa Bercerra about foods as medicine. Aired on December 11, 1997 on WBZ, channel 4, Boston, MA.
10. Television interview about medical foods by Jim Howell, WABU-TV, Boston, February, 1998.
11. Television interview by Fox News Network on dietary fiber, San Diego, 1999.
12. Radio, Palm Beach Florida, health station, January 2005
13. Radio, Palm Beach Florida, health station, February 2005
14. Radio, Health Nutrition Power Hour: 640 AM, Bob Serulla, Grand Rapids, Michigan, February 2005
15. KPI-TV, National Weight Loss Challenge, Discovery Health Network, February 2005
16. The Frankie Boyer health show, speaking on the use of multivitamins, March 2005
17. The Deborah Ray health show, speaking on the use of multivitamins, March 2005
18. Nutrition Power Hour, West Palm Beach, Florida, August, 2005
19. Health and Nutrition Power Hour, Grand Rapids, Michigan, August, 2005
20. Frankie Boyer radio, September 2005 on A2 milk
21. Jim and Ray health hour, radio show, September, 2005
22. Bob Serulla, Grand Rapids radio, on different supplements, October 2005
23. Nov, 2005: Interviewed by Anne Barron, reporter for Low-Carb Energy magazine on artificial colors in foods

24. Dec, 2005: Knockout Strategy ½ radio infomercial for CVS Pharmacy Chain on health benefits of omega-3s and cranberries
25. Dec, 2005: Women's World interview by Elizabeth DeVita-Raeburn on designer salts
26. Dec, 2005: Interviewed by New York Resident magazine by Michael Park, News Editor on combating stress of the holidays with supplements
27. Jan., 2006, interviewed by Bob Serulla, Grand Rapids radio show, Nutrition Power Hour on low-GL foods and a variety of subjects
28. Published Jan., 17, 2006, interviewed by *The Orange County Register* reporter, Nancy Luna on artificial sweeteners
29. Jan., 2006, interviewed by the freelance reported, Lisa Cohn, on how can parents assure that their children get enough omega-3 fatty acids
30. Jan., 2006, interviewed by the Washington Times, Christian Tutu, on measuring calorie needs and energy expenditure, and keeping New Year's resolutions
31. March, 2006, interviewed by Jim Wilkie, Holly Hill Health Hour, on omega-3 fish oil in Philadelphia
32. March 2006, interviewed by Bob Serulla in Grand Rapids on vitamin supplementation and cancer
33. March, 2006, interviewed by Rhea Gilday in Philadelphia on vitamin supplementation and cancer risk
34. March, 2006, interviewed by Tampa radio station 1250 WINS with Dr. Michael Garko on micronutrients and cancer
35. August 2006, interviewed by Tampa radio station 1250 WINS with Dr. Michael Garko on nutrition and genetics
36. November 2006, interviewed by Tampa radio station 1250 WINS with Dr. Michael Garko on nutrition and essential fats
37. January 2007, interviewed by Rita Gilday in Philadelphia on essential fatty acids
38. March 2007, filmed for a movie, All Jacked Up, on teenage food-related issues, Faerie Films, Los Angeles, California, released Feb 2008
39. June 2007, Claudia's radio show, Toledo, Ohio on omega-3 fats and heart disease
40. August 2007, Let's Talk Nutrition, with Dr. Michael Garko, Tampa, Florida to speak on dietary supplements to lose weight
41. February 2008, Radio show of Dr. Kevin Passero, Progressive Talk 1260 am, on weight loss strategies
42. March 2008, Radio show of Mr. Carl Lanore, Super Human, on ingredients that help with endurance and the Twinlab product, Endurance Fuel
43. June 2008, radio show on Progressive Talk 1260 radio and spoke on vegetarian diets and protein and calorie content compared to non-vegetarian sources
44. September, 2010, radio show of Marty Flannagan, Anytime Radio on *Prescription for Nutritional Healing*
45. September, 2010, visual radio show of Joe Viglione, Joe Viglione's Visual Radio, Woburn, MA; interviewed on *Prescription for Nutritional Healing*
46. October, 2010, Amy's Table: A guide to Living, Cincinnati: interviewed on *Prescription for Nutritional Healing*
47. Interviewed October, 2010 for KRZA-FM: The Living Well Radio Show with Dr. Shamaan Eagle on interviewed on *Prescription for Nutritional Healing*

48. Interviewed November, 2010, Dresser After Dark, with Michael Dresser on *Prescription for Nutritional Healing*
49. Interviewed January 2011, Beth Greir on Your Super Natural Life on *Prescription for Nutritional Healing*
50. Interviewed by Marty Flannagan, AnyTime Health radio on liver fat and protein needs, May, 2011.
51. Interviewed by Dr. Michael Garko, Let's Talk Nutrition, about fish and krill oil for Jarrow Formulas, June 2011

Abstracts

1. Bell SJ, Hestnes J, Tullari A, Forse RA. Use of phase angle and reactance to predict body composition in patients with HIV infection [Abstract]. American Society of Parenteral and Enteral Nutrition, January 16, 1996, Washington, D.C.
2. Bell SJ, Van Ausdal W, Jaglowski R, Jordan K, Grochoski G. Health implications of genetic alterations in milk. Accepted, American Dietetic Association, Chicago, Illinois, Oct., 2008